

Triathlon Langedijk | Oudkarspel | 21-06-2017

Achtste Triathlon (Individueel) - Uitslag per Categorie

Mannen

| Pos | StNr | Naam | Woonplaats | Cat | Zwem | #Z | Wis1 | #W1 | Fiets | #F | NaFiets | #NaF | Wis2 | #W2 | Loop | #L | Totaal | DQ |
|-----|------|-----------------------|------------------|-----|----------|----|----------|-----|----------|----|----------|------|----------|-----|----------|----|----------|----|
| 1 | 102 | Peter Johan Dillo | SCHAGEN | M | 00:09:12 | 4 | 00:00:48 | 21 | 00:25:38 | 3 | 00:35:36 | 1 | 00:00:44 | 20 | 00:17:18 | 4 | 00:53:37 | |
| 2 | 101 | Matthijs Künzel | ALKMAAR | M | 00:09:17 | 5 | 00:00:37 | 4 | 00:26:36 | 11 | 00:36:29 | 5 | 00:00:44 | 19 | 00:16:52 | 1 | 00:54:04 | |
| 3 | 104 | Emiel van Tongerlo | ANNA PAULOWNA | M | 00:09:31 | 9 | 00:00:38 | 5 | 00:26:01 | 4 | 00:36:08 | 2 | 00:00:40 | 11 | 00:17:30 | 6 | 00:54:18 | |
| 4 | 3 | Michael Krijnen | SPANBROEK | M | 00:09:19 | 6 | 00:00:35 | 1 | 00:26:33 | 10 | 00:36:27 | 4 | 00:00:43 | 18 | 00:17:24 | 5 | 00:54:33 | |
| 5 | 100 | Erik-Jan Spijkerman | HOORN | M | 00:11:01 | 27 | 00:00:40 | 9 | 00:25:02 | 1 | 00:36:43 | 6 | 00:00:46 | 28 | 00:17:14 | 2 | 00:54:42 | |
| 6 | 105 | Tristan Olij | WINKEL | M | 00:08:48 | 2 | 00:00:35 | 2 | 00:26:47 | 12 | 00:36:09 | 3 | 00:00:36 | 2 | 00:18:31 | 8 | 00:55:16 | |
| 7 | 163 | Rene Hoep | BREEZAND | M | 00:10:10 | 16 | 00:00:46 | 17 | 00:27:11 | 15 | 00:38:06 | 8 | 00:00:36 | 3 | 00:17:51 | 7 | 00:56:32 | |
| 8 | 134 | Hans Bader | WARMENHUIZEN | M | 00:12:08 | 47 | 00:00:47 | 19 | 00:26:31 | 9 | 00:39:25 | 16 | 00:00:40 | 9 | 00:17:17 | 3 | 00:57:22 | |
| 9 | 122 | Rinse van de Ouweelen | MONNICKENDAM | M | 00:09:21 | 7 | 00:00:41 | 11 | 00:28:20 | 23 | 00:38:21 | 10 | 00:00:48 | 34 | 00:18:38 | 9 | 00:57:45 | |
| 10 | 202 | Bob van Walsum | HEERHUGOWAARD | M | | | | | | | | | | | | | 00:57:47 | |
| 11 | 182 | Ivar Ottenbros | HEERHUGOWAARD | M | 00:11:49 | 41 | 00:00:36 | 3 | 00:26:14 | 6 | 00:38:38 | 11 | 00:00:40 | 8 | 00:18:58 | 11 | 00:58:15 | |
| 12 | 107 | Joris de Boer | WINKEL | M | 00:10:17 | 17 | 00:00:42 | 13 | 00:26:18 | 7 | 00:37:16 | 7 | 00:00:38 | 5 | 00:20:31 | 27 | 00:58:24 | |
| 13 | 109 | Paul Nieuwenhuizen | SCHOORL | M | 00:11:42 | 35 | 00:00:40 | 8 | 00:26:22 | 8 | 00:38:43 | 12 | 00:00:38 | 7 | 00:19:45 | 17 | 00:59:05 | |
| 14 | 106 | Nico van Langen | SCHAGEN | M | 00:13:05 | 74 | 00:00:54 | 36 | 00:25:33 | 2 | 00:39:31 | 18 | 00:00:49 | 37 | 00:18:58 | 10 | 00:59:17 | |
| 15 | 108 | Ruud Kuipers | ALKMAAR | M | 00:11:54 | 43 | 00:00:47 | 20 | 00:27:01 | 14 | 00:39:41 | 19 | 00:00:41 | 12 | 00:19:42 | 16 | 01:00:03 | |
| 16 | 116 | Peter Borst | EENIGENBURG | M | 00:11:11 | 31 | 00:01:07 | 57 | 00:27:40 | 18 | 00:39:57 | 21 | 00:00:44 | 24 | 00:19:48 | 18 | 01:00:28 | |
| 17 | 147 | Co van Bueren | SCHAGEN | M | 00:11:47 | 38 | 00:01:10 | 67 | 00:26:56 | 13 | 00:39:51 | 20 | 00:00:51 | 40 | 00:19:57 | 19 | 01:00:38 | |
| 18 | 179 | Gijs Molenaar | NIEUWE NIEDORP | M | 00:10:52 | 24 | 00:00:48 | 22 | 00:28:39 | 27 | 00:40:18 | 23 | 00:00:45 | 26 | 00:19:39 | 15 | 01:00:41 | |
| 19 | 208 | Rob Zweekhorst | HEERHUGOWAARD | M | 00:11:26 | 32 | 00:00:41 | 10 | 00:26:08 | 5 | 00:38:14 | 9 | 00:00:49 | 38 | 00:21:41 | 48 | 01:00:43 | |
| 20 | 110 | Ruud Doodeman | WARMENHUIZEN | M | 00:10:49 | 21 | 00:00:57 | 40 | 00:28:32 | 25 | 00:40:17 | 22 | 00:00:48 | 35 | 00:19:58 | 20 | 01:01:02 | |
| 21 | 131 | Sten Albracht | NOORD-SCHARWOUDE | M | 00:09:47 | 11 | 00:00:54 | 34 | 00:28:42 | 30 | 00:39:21 | 15 | 00:00:53 | 46 | 00:21:21 | 43 | 01:01:35 | |
| 22 | 118 | Erik Brandsma | AMSTERDAM | M | 00:09:06 | 3 | 00:00:45 | 15 | 00:29:25 | 42 | 00:39:15 | 14 | 00:00:42 | 13 | 00:21:45 | 51 | 01:01:42 | |
| 23 | 111 | Jeffrey Monshouwer | MIDDENMEER | M | 00:11:44 | 36 | 00:00:44 | 14 | 00:28:40 | 29 | 00:41:07 | 27 | 00:00:44 | 23 | 00:20:00 | 21 | 01:01:50 | |
| 24 | 188 | Ruud Schrijver | NOORD-SCHARWOUDE | M | 00:10:07 | 15 | 00:01:05 | 52 | 00:28:18 | 22 | 00:39:30 | 17 | 00:00:47 | 31 | 00:22:25 | 64 | 01:02:40 | |
| 25 | 215 | Joost Baalbergen | | M | 00:12:56 | 67 | 00:00:52 | 29 | 00:27:16 | 17 | 00:41:04 | 26 | 00:01:14 | 97 | 00:21:10 | 41 | 01:03:26 | |
| 26 | 161 | Rob Hetsen | SCHAGEN | M | 00:12:49 | 64 | 00:00:49 | 23 | 00:28:39 | 28 | 00:42:17 | 37 | 00:00:51 | 42 | 00:20:23 | 25 | 01:03:29 | |
| 27 | 139 | Kay Blokdijk | TVELD | M | 00:11:47 | 39 | 00:01:10 | 69 | 00:28:24 | 24 | 00:41:21 | 29 | 00:00:54 | 50 | 00:21:41 | 49 | 01:03:55 | |
| 28 | 121 | René Olij | HEERHUGOWAARD | M | 00:12:08 | 46 | 00:00:51 | 27 | 00:29:21 | 40 | 00:42:20 | 38 | 00:00:51 | 41 | 00:20:55 | 34 | 01:04:04 | |
| 29 | 125 | Niels van der Hoek | WINKEL | M | 00:13:07 | 76 | 00:00:52 | 28 | 00:28:17 | 21 | 00:42:15 | 35 | 00:01:10 | 88 | 00:20:53 | 33 | 01:04:16 | |
| 30 | 128 | Ivan Bos | HEERHUGOWAARD | M | 00:13:08 | 77 | 00:00:52 | 30 | 00:29:05 | 36 | 00:43:04 | 46 | 00:00:54 | 51 | 00:20:25 | 26 | 01:04:23 | |
| 31 | 115 | Hessel Kruijer | ANNA PAULOWNA | M | 00:12:14 | 49 | 00:00:54 | 35 | 00:29:30 | 45 | 00:42:38 | 44 | 00:01:05 | 79 | 00:20:47 | 30 | 01:04:29 | |
| 32 | 145 | Vincent Broekkamp | ALKMAAR | M | 00:11:45 | 37 | 00:01:09 | 60 | 00:30:15 | 57 | 00:43:08 | 49 | 00:00:46 | 29 | 00:20:47 | 31 | 01:04:41 | |

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|----|-----|----------------------|--------------------|---|----------|-----|----------|-----|----------|----|----------|----|----------|-----|----------|-----|----------|
| 33 | 126 | Kees Huiberts | ALKMAAR | M | 00:12:42 | 61 | 00:01:25 | 95 | 00:27:13 | 16 | 00:41:20 | 28 | 00:01:06 | 81 | 00:22:27 | 65 | 01:04:52 |
| 34 | 141 | Jasper de Boer | ALKMAAR | M | 00:12:20 | 52 | 00:01:21 | 90 | 00:28:04 | 19 | 00:41:44 | 32 | 00:01:05 | 77 | 00:22:05 | 58 | 01:04:53 |
| 35 | 137 | Sander Bergers | HEERHUGOWAARD | M | 00:11:57 | 44 | 00:01:09 | 61 | 00:30:02 | 50 | 00:43:07 | 48 | 00:00:56 | 56 | 00:21:02 | 37 | 01:05:05 |
| 36 | 186 | Michel van Reeuwijk | OUDE NIEDORP | M | 00:10:51 | 23 | 00:01:21 | 89 | 00:29:26 | 44 | 00:41:37 | 31 | 00:01:40 | 120 | 00:21:54 | 54 | 01:05:10 |
| 37 | 184 | Andre Pijnacker | BREEZAND | M | 00:12:26 | 55 | 00:00:49 | 24 | 00:29:09 | 37 | 00:42:24 | 39 | 00:00:46 | 27 | 00:22:04 | 57 | 01:05:12 |
| 38 | 404 | Stefan Goselink | OUDKARSPER | M | 00:10:31 | 20 | 00:01:06 | 55 | 00:30:31 | 61 | 00:42:07 | 34 | 00:01:02 | 69 | 00:22:13 | 59 | 01:05:20 |
| 39 | 196 | Willem Thijssse | BREDA | M | 00:13:20 | 82 | 00:01:20 | 87 | 00:28:42 | 31 | 00:43:22 | 52 | 00:01:08 | 85 | 00:21:01 | 36 | 01:05:30 |
| 40 | 162 | Joey Hidding | ALKMAAR | M | 00:11:05 | 29 | 00:00:47 | 18 | 00:30:34 | 62 | 00:42:25 | 40 | 00:00:47 | 32 | 00:22:28 | 66 | 01:05:39 |
| 41 | 120 | Theo van der Fluit | NOORD-SCHARWOUDE | M | 00:12:23 | 53 | 00:01:28 | 99 | 00:29:33 | 47 | 00:43:23 | 53 | 00:01:13 | 93 | 00:21:07 | 39 | 01:05:41 |
| 42 | 200 | Willem van der Voort | SCHAGEN | M | 00:11:51 | 42 | 00:01:30 | 101 | 00:29:21 | 39 | 00:42:41 | 45 | 00:01:05 | 76 | 00:22:13 | 60 | 01:05:58 |
| 43 | 138 | Don Beukers | DEN HELDER | M | 00:12:17 | 51 | 00:00:56 | 39 | 00:30:55 | 67 | 00:44:07 | 63 | 00:00:49 | 36 | 00:21:18 | 42 | 01:06:13 |
| 44 | 155 | Gerard Fijnheer | LUTJEWINKEL | M | 00:13:18 | 81 | 00:01:24 | 94 | 00:31:28 | 84 | 00:46:10 | 79 | 00:00:53 | 47 | 00:19:14 | 13 | 01:06:15 |
| 45 | 119 | Sander Kliphuis | SCHAGEN | M | 00:10:25 | 19 | 00:00:53 | 32 | 00:30:59 | 68 | 00:42:16 | 36 | 00:00:47 | 33 | 00:23:17 | 79 | 01:06:19 |
| 46 | 189 | Sjaak Schuitemaker | ANDIJK | M | 00:13:48 | 95 | 00:00:54 | 33 | 00:29:21 | 38 | 00:44:01 | 61 | 00:01:00 | 64 | 00:21:36 | 46 | 01:06:36 |
| 47 | 123 | Bart Winter | KOEDIJK | M | 00:12:16 | 50 | 00:01:11 | 70 | 00:31:13 | 75 | 00:44:38 | 66 | 00:01:02 | 68 | 00:21:08 | 40 | 01:06:47 |
| 48 | 146 | Ard Broersen | TVELD | M | 00:13:06 | 75 | 00:01:00 | 43 | 00:31:12 | 73 | 00:45:17 | 68 | 00:00:55 | 52 | 00:20:55 | 35 | 01:07:06 |
| 49 | 127 | Olaf Bos | BROEK OP LANGEDIJK | M | 00:11:48 | 40 | 00:01:12 | 72 | 00:30:07 | 52 | 00:43:06 | 47 | 00:00:43 | 15 | 00:23:19 | 80 | 01:07:07 |
| 50 | 190 | Alan Simmonds | BARSINGERHORN | M | 00:15:02 | 109 | 00:01:13 | 75 | 00:30:29 | 60 | 00:46:44 | 88 | 00:00:47 | 30 | 00:19:38 | 14 | 01:07:07 |
| 51 | 169 | Roy Kok | LUTJEWINKEL | M | 00:11:04 | 28 | 00:01:11 | 71 | 00:31:09 | 72 | 00:43:23 | 54 | 00:00:59 | 61 | 00:22:49 | 72 | 01:07:10 |
| 52 | 164 | Rob Hof | TUITJENHORN | M | 00:12:06 | 45 | 00:01:13 | 74 | 00:31:12 | 74 | 00:44:30 | 65 | 00:01:07 | 82 | 00:21:39 | 47 | 01:07:15 |
| 53 | 130 | Ronald Hauwert | TVELD | M | 00:09:23 | 8 | 00:01:20 | 86 | 00:31:45 | 90 | 00:42:27 | 41 | 00:01:02 | 70 | 00:24:04 | 89 | 01:07:32 |
| 54 | 193 | Ruud Sweep | WINKEL | M | 00:11:38 | 34 | 00:00:42 | 12 | 00:31:25 | 82 | 00:43:45 | 58 | 00:00:50 | 39 | 00:22:59 | 77 | 01:07:33 |
| 55 | 167 | Paul Jansen | HEERHUGOWAARD | M | 00:12:51 | 65 | 00:01:02 | 44 | 00:29:50 | 49 | 00:43:42 | 56 | 00:01:00 | 66 | 00:22:59 | 76 | 01:07:40 |
| 56 | 171 | Oscar Koopmans | ASSEDELFT | M | 00:13:24 | 86 | 00:01:08 | 58 | 00:29:24 | 41 | 00:43:56 | 60 | 00:00:59 | 60 | 00:22:59 | 78 | 01:07:53 |
| 57 | 151 | Nico van Dalen | DEN HELDER | M | 00:15:19 | 111 | 00:01:04 | 46 | 00:30:24 | 58 | 00:46:45 | 89 | 00:01:05 | 78 | 00:20:18 | 23 | 01:08:07 |
| 58 | 204 | Jacco van der Werff | 'TVELD | M | 00:13:50 | 97 | 00:01:28 | 100 | 00:30:14 | 56 | 00:45:31 | 74 | 00:01:04 | 74 | 00:21:44 | 50 | 01:08:19 |
| 59 | 185 | Andre van der Ploeg | ANNA PAULOWNA | M | 00:10:23 | 18 | 00:01:15 | 80 | 00:31:32 | 85 | 00:43:10 | 50 | 00:01:34 | 115 | 00:23:40 | 84 | 01:08:23 |
| 60 | 143 | Jacco van den Brink | SCHOORL | M | 00:12:42 | 60 | 00:01:55 | 119 | 00:29:49 | 48 | 00:44:25 | 64 | 00:01:27 | 108 | 00:22:32 | 67 | 01:08:24 |
| 61 | 153 | Michel Edelaar | NIEUWE NIEDOP | M | 00:12:43 | 62 | 00:01:13 | 76 | 00:31:25 | 81 | 00:45:20 | 70 | 00:01:19 | 100 | 00:21:50 | 52 | 01:08:28 |
| 62 | 144 | Bart Brinkman | DEN HELDER | M | 00:13:03 | 72 | 00:01:08 | 59 | 00:29:32 | 46 | 00:43:43 | 57 | 00:01:21 | 101 | 00:23:44 | 85 | 01:08:47 |
| 63 | 112 | Jeffrey van Dijk | ALKMAAR | M | 00:13:17 | 79 | 00:01:37 | 105 | 00:31:23 | 80 | 00:46:16 | 83 | 00:00:52 | 44 | 00:22:01 | 56 | 01:09:08 |
| 64 | 148 | Ronald van de Buld | SCHAGEN | M | 00:13:38 | 91 | 00:01:10 | 68 | 00:28:51 | 32 | 00:43:38 | 55 | 00:01:34 | 117 | 00:24:12 | 95 | 01:09:23 |
| 65 | 132 | Jeroen Anslijn | DIRKSHORN | M | 00:12:56 | 66 | 00:01:09 | 63 | 00:31:37 | 86 | 00:45:41 | 75 | 00:01:16 | 99 | 00:22:45 | 71 | 01:09:41 |
| 66 | 205 | Bert Westhoff | OUDE NIEDORP | M | 00:15:29 | 114 | 00:01:04 | 48 | 00:31:07 | 71 | 00:47:40 | 93 | 00:00:32 | 1 | 00:21:33 | 45 | 01:09:43 |
| 67 | 168 | Richard Klos | BROEK OP LANGEDIJK | M | 00:12:45 | 63 | 00:01:34 | 104 | 00:31:27 | 83 | 00:45:44 | 77 | 00:01:24 | 104 | 00:22:39 | 69 | 01:09:46 |
| 68 | 177 | Joop Menke | DEN HELDER | M | 00:10:59 | 25 | 00:01:24 | 93 | 00:30:10 | 55 | 00:42:32 | 43 | 00:00:38 | 4 | 00:26:47 | 109 | 01:09:56 |
| 69 | 136 | Martin Beek | NIEUWE NIEDORP | M | 00:14:09 | 100 | 00:01:23 | 92 | 00:30:27 | 59 | 00:45:59 | 78 | 00:01:11 | 90 | 00:22:54 | 74 | 01:10:03 |
| 70 | 197 | Peter Tijssen | ANNA PAULOWNA | M | 00:13:32 | 89 | 00:01:06 | 56 | 00:30:41 | 64 | 00:45:18 | 69 | 00:00:56 | 55 | 00:23:52 | 86 | 01:10:05 |

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|-----|-----|----------------------|---------------|---|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----|
| 71 | 187 | Emiel Schilder | ALKMAAR | M | 00:14:19 | 102 | 00:01:30 | 102 | 00:30:41 | 63 | 00:46:29 | 84 | 00:01:26 | 107 | 00:22:24 | 63 | 01:10:19 | |
| 72 | 149 | Peter Buter | TUITJENHORN | M | 00:13:01 | 71 | 00:01:09 | 62 | 00:31:13 | 76 | 00:45:22 | 72 | 00:01:03 | 71 | 00:24:12 | 94 | 01:10:36 | |
| 73 | 195 | Niels Tesselaar | HEERHUGOWAARD | M | 00:13:30 | 88 | 00:01:05 | 54 | 00:33:14 | 101 | 00:47:49 | 96 | 00:00:53 | 45 | 00:22:17 | 61 | 01:10:57 | |
| 74 | 178 | Robbert van Meulem | OOSTWOUD | M | 00:11:00 | 26 | 00:01:46 | 115 | 00:32:42 | 97 | 00:45:27 | 73 | 00:01:24 | 105 | 00:24:14 | 96 | 01:11:04 | |
| 75 | 140 | Diederik de Boer | 'T ZAND | M | 00:13:24 | 85 | 00:01:09 | 65 | 00:31:41 | 89 | 00:46:14 | 81 | 00:01:13 | 94 | 00:24:00 | 88 | 01:11:26 | |
| 76 | 211 | Roland Hougardy Vos | ALKMAAR | M | 00:12:37 | 58 | 00:02:02 | 121 | 00:31:37 | 87 | 00:46:15 | 82 | 00:02:12 | 124 | 00:23:24 | 81 | 01:11:50 | |
| 77 | 133 | Gerard van Assem | WARMENHUIZEN | M | 00:14:34 | 105 | 00:01:16 | 82 | 00:30:53 | 66 | 00:46:42 | 87 | 00:00:56 | 54 | 00:24:17 | 97 | 01:11:54 | |
| 78 | 201 | Rob van der Voort | SCHAGEN | M | 00:13:33 | 90 | 00:01:41 | 111 | 00:31:39 | 88 | 00:46:52 | 90 | 00:01:05 | 75 | 00:24:04 | 90 | 01:12:00 | |
| 79 | 135 | Jos Bakker | VELSEN-ZUID | M | 00:13:18 | 80 | 00:02:21 | 123 | 00:31:19 | 79 | 00:46:57 | 91 | 00:01:40 | 119 | 00:23:37 | 83 | 01:12:13 | |
| 80 | 213 | Jeroen Kuiper | ALKMAAR | M | 00:13:28 | 87 | 00:01:27 | 97 | 00:31:18 | 77 | 00:46:12 | 80 | 00:01:10 | 89 | 00:25:28 | 104 | 01:12:50 | |
| 81 | 203 | Dik Weijers | OUDESLUIS | M | 00:13:15 | 78 | 00:00:54 | 37 | 00:31:03 | 69 | 00:45:11 | 67 | 00:01:05 | 80 | 00:27:34 | 115 | 01:13:50 | |
| 82 | 175 | Walter Langedijk | WOGNUM | M | 00:13:47 | 94 | 00:01:25 | 96 | 00:33:23 | 102 | 00:48:34 | 98 | 00:01:09 | 87 | 00:24:09 | 93 | 01:13:52 | |
| 83 | 165 | Pieter van der Hoorn | ASSEDELFT | M | | | | | | | | | | | | | 01:13:52 | |
| 84 | 406 | Rick Breed | | M | 00:16:16 | 120 | 00:01:05 | 53 | 00:33:25 | 103 | 00:50:45 | 114 | 00:01:27 | 110 | 00:21:53 | 53 | 01:14:05 | |
| 85 | 403 | Albert Zeestraten | CASTRICUM | M | 00:15:21 | 112 | 00:01:16 | 81 | 00:33:50 | 107 | 00:50:26 | 111 | 00:01:22 | 102 | 00:22:20 | 62 | 01:14:07 | |
| 86 | 194 | Her Tesselaar | HEERHUGOWAARD | M | 00:20:28 | 124 | 00:01:21 | 88 | 00:29:26 | 43 | 00:51:14 | 116 | 00:01:01 | 67 | 00:21:58 | 55 | 01:14:12 | |
| 87 | 154 | Mark Elbertsen | SCHAGEN | M | 00:09:55 | 12 | 00:00:51 | 26 | 00:37:56 | 123 | 00:48:41 | 100 | 00:00:58 | 57 | 00:24:58 | 101 | 01:14:36 | |
| 88 | 150 | Dick Commandeur | SINT PANCRAS | M | 00:17:13 | 123 | 00:01:38 | 107 | 00:28:57 | 34 | 00:47:47 | 94 | 00:01:25 | 106 | 00:26:05 | 107 | 01:15:15 | |
| 89 | 129 | Luuk Bos | CALLANTSOOG | M | 00:12:57 | 68 | 00:01:38 | 108 | 00:32:04 | 93 | 00:46:38 | 85 | 00:01:33 | 114 | 00:27:16 | 112 | 01:15:26 | |
| 90 | 180 | Johan Mosch | HEERHUGOWAARD | M | 00:12:29 | 56 | 00:01:28 | 98 | 00:34:06 | 108 | 00:48:02 | 97 | 00:01:37 | 118 | 00:25:52 | 106 | 01:15:30 | |
| 91 | 176 | Chris Matser | IJMUIDEN | M | 00:15:22 | 113 | 00:01:41 | 112 | 00:33:37 | 105 | 00:50:39 | 113 | 00:00:59 | 59 | 00:24:05 | 91 | 01:15:42 | |
| 92 | 159 | Jeroen Hauwert | SPANBROEK | M | 00:12:25 | 54 | 00:02:40 | 125 | 00:35:30 | 115 | 00:50:34 | 112 | 00:00:38 | 6 | 00:24:56 | 100 | 01:16:07 | |
| 93 | 207 | Ruud Winter | BOVENKARSPPEL | M | 00:13:21 | 83 | 00:01:46 | 116 | 00:34:56 | 111 | 00:50:02 | 107 | 00:01:27 | 109 | 00:25:21 | 103 | 01:16:49 | |
| 94 | 400 | Bert Hoeve | SCHAGEN | M | 00:13:48 | 96 | 00:01:09 | 66 | 00:34:38 | 110 | 00:49:34 | 105 | 00:01:41 | 121 | 00:25:40 | 105 | 01:16:55 | |
| 95 | 172 | Jos Kraakman | SCHOORL | M | 00:17:03 | 121 | 00:02:19 | 122 | 00:32:23 | 96 | 00:51:45 | 117 | 00:01:14 | 96 | 00:24:27 | 98 | 01:17:25 | |
| 96 | 160 | Onno van Heerwaarden | WITMARSUM | M | 00:13:53 | 98 | 00:01:05 | 51 | 00:33:38 | 106 | 00:48:36 | 99 | 00:01:09 | 86 | 00:27:58 | 120 | 01:17:42 | |
| 97 | 158 | Simon Gootjes | SCHAGEN | M | 00:14:40 | 106 | 00:01:05 | 50 | 00:33:05 | 100 | 00:48:49 | 103 | 00:01:34 | 116 | 00:27:38 | 117 | 01:18:01 | |
| 98 | 199 | Barry Visscher | ALKMAAR | M | 00:14:14 | 101 | 00:01:18 | 83 | 00:35:36 | 117 | 00:51:07 | 115 | 00:01:15 | 98 | 00:26:48 | 110 | 01:19:09 | |
| 99 | 173 | Patrick Kuperus | MIDDENMEER | M | 00:09:46 | 10 | 00:01:47 | 117 | 00:35:06 | 112 | 00:46:38 | 86 | 00:01:13 | 95 | 00:31:37 | 123 | 01:19:28 | |
| 100 | 198 | Andre Van DerWeijde | MIDDENMEER | M | 00:15:13 | 110 | 00:01:54 | 118 | 00:36:21 | 120 | 00:53:27 | 121 | 00:01:24 | 103 | 00:24:52 | 99 | 01:19:42 | |
| 101 | 156 | Jascha de Goede | SCHOORL | M | 00:13:42 | 92 | 00:01:45 | 114 | 00:43:27 | 125 | 00:58:53 | 124 | 00:00:45 | 25 | 00:25:16 | 102 | 01:24:52 | |
| 102 | 214 | Dick van Baar | ALKMAAR | M | 00:12:58 | 69 | 00:01:19 | 85 | 00:28:56 | 33 | 00:43:12 | 51 | 00:03:21 | 125 | | | | |
| 103 | 212 | Danny Klooster | ALKMAAR | M | 00:13:33 | | 00:01:32 | | 00:29:17 | | 00:44:21 | | 00:01:48 | | 00:22:34 | | 01:08:43 | DQ |
| 104 | 142 | Dennis Boomstra | WINKEL | M | 00:13:13 | | 00:01:10 | | 00:31:00 | | 00:45:22 | | 00:01:18 | | 00:25:07 | | 01:11:46 | DQ |

Vrouwen

| Pos | StNr | Naam | Woonplaats | Cat | Zwem | #Z | Wis1 | #W1 | Fiets | #F | NaFiets | #NaF | Wis2 | #W2 | Loop | #L | Totaal | DQ |
|-----|------|----------------------|------------|-----|----------|----|----------|-----|----------|----|----------|------|----------|-----|----------|----|----------|----|
| 1 | 1 | Talisa van der Fluit | WINKEL | V | 00:10:01 | 14 | 00:00:39 | 6 | 00:28:35 | 26 | 00:39:14 | 13 | 00:00:43 | 17 | 00:19:03 | 12 | 00:58:59 | |

| | | | | | | | | | | | | | | | | | |
|----|-----|-------------------------|------------------|---|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|
| 2 | 21 | Cora Klaver | OUDKARSPEL | V | 00:10:49 | 22 | 00:00:51 | 25 | 00:28:57 | 35 | 00:40:36 | 25 | 00:00:42 | 14 | 00:20:07 | 22 | 01:01:25 |
| 3 | 12 | Lucienne Groenendijk | DEN HELDER | V | 00:09:59 | 13 | 00:00:46 | 16 | 00:31:06 | 70 | 00:41:49 | 33 | 00:00:43 | 16 | 00:20:42 | 28 | 01:03:14 |
| 4 | 27 | Brenda Zwarthoed | UITGEEST | V | 00:08:24 | 1 | 00:00:39 | 7 | 00:31:19 | 78 | 00:40:22 | 24 | 00:00:40 | 10 | 00:22:44 | 70 | 01:03:45 |
| 5 | 23 | Eline Rampen | SCHAGERBRUG | V | 00:12:42 | 59 | 00:01:00 | 42 | 00:30:08 | 53 | 00:43:48 | 59 | 00:00:44 | 22 | 00:20:51 | 32 | 01:05:23 |
| 6 | 103 | Marianna Hoekstra | WIERINGERWAARD | V | 00:11:30 | 33 | 00:00:53 | 31 | 00:30:08 | 54 | 00:42:30 | 42 | 00:00:44 | 21 | 00:22:51 | 73 | 01:06:04 |
| 7 | 11 | Audrey Breur | DEN HELDER | V | 00:13:05 | 73 | 00:00:55 | 38 | 00:30:05 | 51 | 00:44:04 | 62 | 00:00:54 | 49 | 00:21:22 | 44 | 01:06:19 |
| 8 | 2 | Kim Albracht-Kardinaal | NOORD-SCHARWOUDE | V | 00:13:21 | 84 | 00:01:14 | 78 | 00:30:47 | 65 | 00:45:22 | 71 | 00:00:54 | 48 | 00:23:53 | 87 | 01:10:08 |
| 9 | 4 | Marion Visser | NOORD-SCHARWOUDE | V | 00:11:07 | 30 | 00:01:03 | 45 | 00:33:32 | 104 | 00:45:42 | 76 | 00:00:55 | 53 | 00:24:08 | 92 | 01:10:44 |
| 10 | 5 | Lida Deen | WINKEL | V | 00:15:33 | 116 | 00:01:13 | 73 | 00:32:03 | 92 | 00:48:48 | 102 | 00:01:08 | 84 | 00:21:05 | 38 | 01:11:00 |
| 11 | 22 | Connie van der Lee | BREEZAND | V | 00:13:44 | 93 | 00:01:15 | 79 | 00:32:10 | 94 | 00:47:08 | 92 | 00:01:07 | 83 | 00:22:58 | 75 | 01:11:12 |
| 12 | 9 | Willy Risselada | ZWAAG | V | 00:16:14 | 119 | 00:01:13 | 77 | 00:32:59 | 99 | 00:50:25 | 110 | 00:01:00 | 65 | 00:20:19 | 24 | 01:11:43 |
| 13 | 15 | Brgitta Commaneur | SINT PANCRAS | V | 00:14:24 | 104 | 00:01:09 | 64 | 00:32:16 | 95 | 00:47:49 | 95 | 00:01:11 | 91 | 00:23:25 | 82 | 01:12:24 |
| 14 | 19 | Ennie de Graaf | HEILOO | V | 00:12:58 | 70 | 00:01:39 | 109 | 00:35:32 | 116 | 00:50:08 | 108 | 00:00:59 | 63 | 00:22:35 | 68 | 01:13:42 |
| 15 | 7 | Cora Blankendaal | EENIGENBURG | V | 00:15:46 | 117 | 00:01:04 | 47 | 00:31:54 | 91 | 00:48:43 | 101 | 00:00:59 | 62 | 00:26:18 | 108 | 01:15:59 |
| 16 | 18 | Amy van der Fluit | NOORD-SCHARWOUDE | V | 00:12:09 | 48 | 00:01:42 | 113 | 00:35:07 | 113 | 00:48:57 | 104 | 00:02:01 | 123 | 00:27:56 | 118 | 01:18:53 |
| 17 | 8 | Stefanie Schilder | ALKMAAR | V | 00:14:21 | 103 | 00:01:32 | 103 | 00:34:21 | 109 | 00:50:12 | 109 | 00:01:31 | 112 | 00:27:19 | 113 | 01:19:02 |
| 18 | 28 | Janneke de Wit | ALKMAAR | V | 00:14:56 | 107 | 00:01:59 | 120 | 00:32:43 | 98 | 00:49:38 | 106 | 00:01:58 | 122 | 00:27:36 | 116 | 01:19:11 |
| 19 | 401 | Renée de Vries | GROET | V | 00:13:55 | 99 | 00:01:19 | 84 | 00:36:41 | 121 | 00:51:54 | 118 | 00:01:04 | 73 | 00:27:24 | 114 | 01:20:22 |
| 20 | 402 | Mireille Ronhaar | HEERHUGOWAARD | V | 00:14:57 | 108 | 00:01:37 | 106 | 00:35:59 | 118 | 00:52:33 | 120 | 00:00:58 | 58 | 00:27:56 | 119 | 01:21:26 |
| 21 | 17 | Miranda Emmanouilidis | SCHOORL | V | 00:16:02 | 118 | 00:01:05 | 49 | 00:35:26 | 114 | 00:52:32 | 119 | 00:01:03 | 72 | 00:28:19 | 121 | 01:21:52 |
| 22 | 24 | Barbara van Roozendaal | ALKMAAR | V | 00:17:04 | 122 | 00:02:30 | 124 | 00:36:19 | 119 | 00:55:51 | 123 | 00:01:33 | 113 | 00:27:14 | 111 | 01:24:37 |
| 23 | 26 | Renée Schilder | ALKMAAR | V | 00:15:29 | 115 | 00:01:39 | 110 | 00:37:40 | 122 | 00:54:47 | 122 | 00:01:31 | 111 | 00:30:15 | 122 | 01:26:32 |
| 24 | 405 | Machteld van der Brugge | OUDKARSPEL | V | 00:21:17 | 125 | 00:01:22 | 91 | 00:39:18 | 124 | 01:01:56 | 125 | 00:01:12 | 92 | 00:33:43 | 124 | 01:36:50 |

MYLAPS Event Timing using MYLAPS ChampionChip (21-06-2017 21:23:52)